

PICOSURE PICOWAY

Post-Care Instructions

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Keep the Treated Area Clean

Maintain good hygiene by gently cleansing the treated area with facial soap and water. Avoid scrubbing or using abrasive cleansers for a few days.

Moisturize

Apply a recommended moisturizer or post-treatment cream as advised by our doctor to keep the skin hydrated and support the healing process.

Avoid Sun Exposure

Protect the treated area from sunlight for at least a week after treatment. When outdoors, apply SPF 30+ sunscreen and wear protective clothing.

Avoid Hot Baths and Saunas

Avoid hot baths, saunas, hot tubs, and sweating-inducing activities for a few days after treatment to prevent skin irritation from worsening.

Avoid Swimming in Chlorinated Pools

Chlorine can irritate the skin, so avoid swimming in chlorinated pools for a few days post-treatment.

No Scratching or Picking

Refrain from scratching, picking, or peeling the treated area, as this can lead to infection, scarring, or pigment changes.

Stay Hydrated

Drink plenty of water to help flush out toxins from your body and support the healing process.

Avoid Excessive Exercise

Hold off on strenuous exercise and activities that induce heavy sweating for a few days. Gentle, low-impact activities are generally acceptable.

Follow-Up Appointments

Attend all scheduled follow-up appointments with our doctor to assess progress and address any concerns.

Report Side Effects

If you experience severe or prolonged side effects, such as blistering, scabbing, or significant pain, contact your provider immediately.

Be Patient

Results, especially for tattoo removal, may require time and multiple sessions for the best outcome. Follow our post-care instructions tailored to your needs to ensure optimal results and reduce complications after picosecond laser treatments.